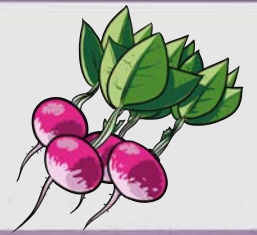




Zaub – Vegetables in Hmong



Introduction

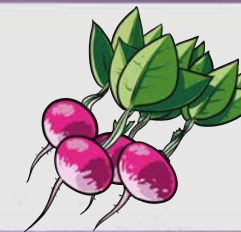
Some types of vegetables are classified by the word 'zaub,' others are not. Why is that?

Generally, vegetables are broken up by the Hmong into a few different classifications.

They are as follows:



Zaub – Vegetables in Hmong

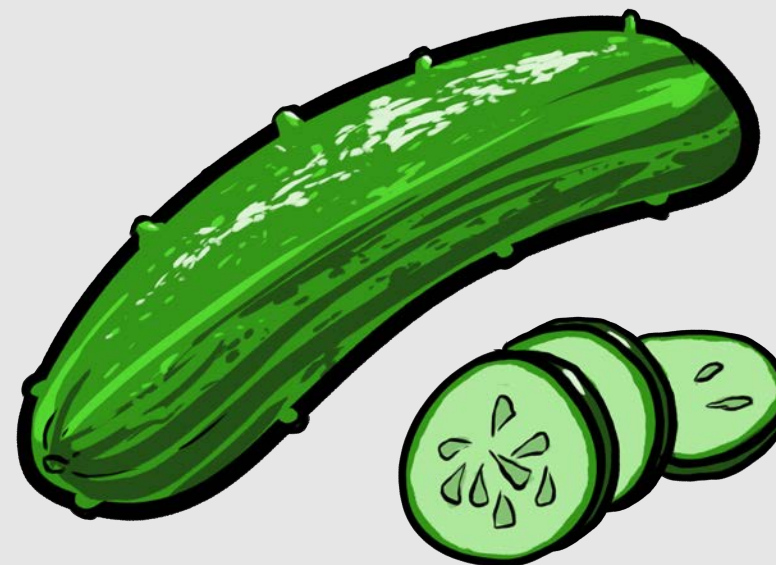


dib

Meaning cucumber.

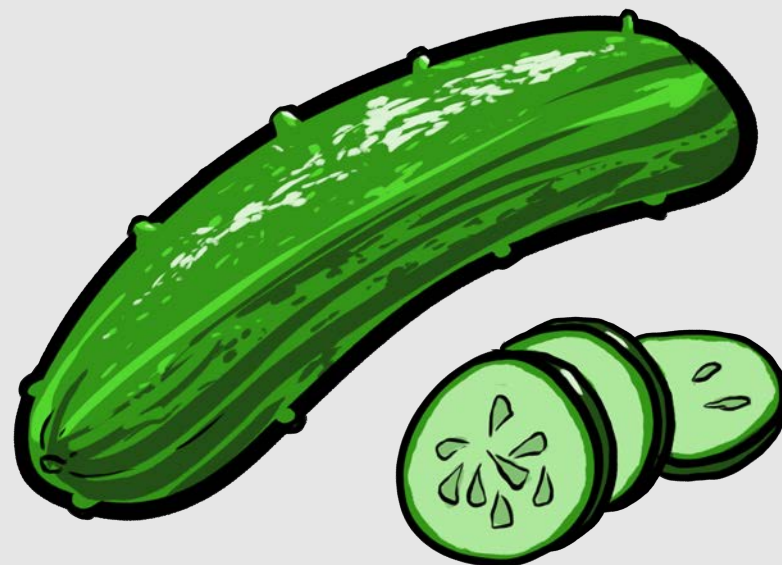
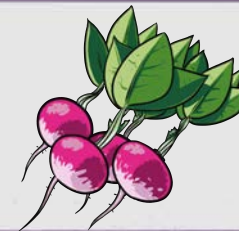
There are different types of 'cucumbers' in Hmong that start with the word 'dib' and followed by another descriptive word.

For example:





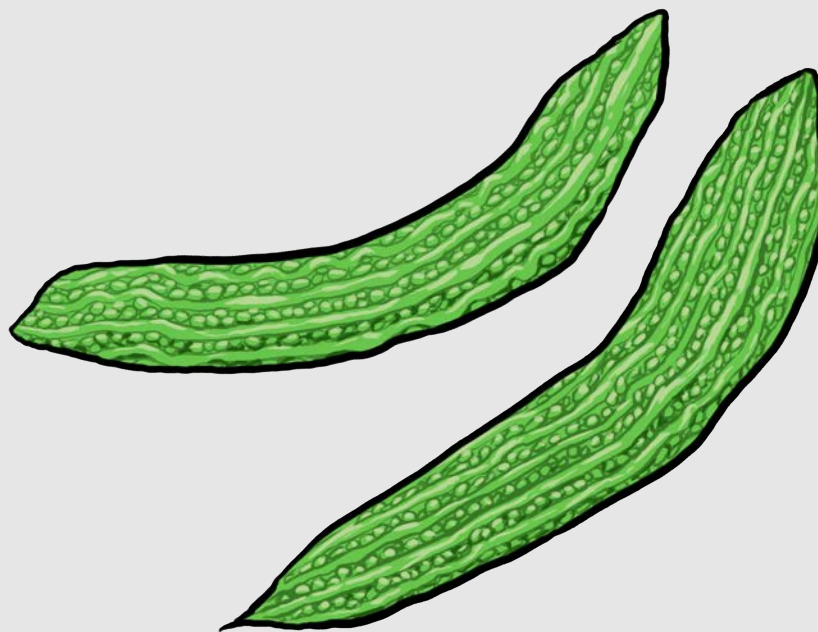
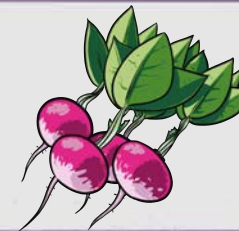
Zaub – Vegetables in Hmong



dib or dib ntsuab - cucumber



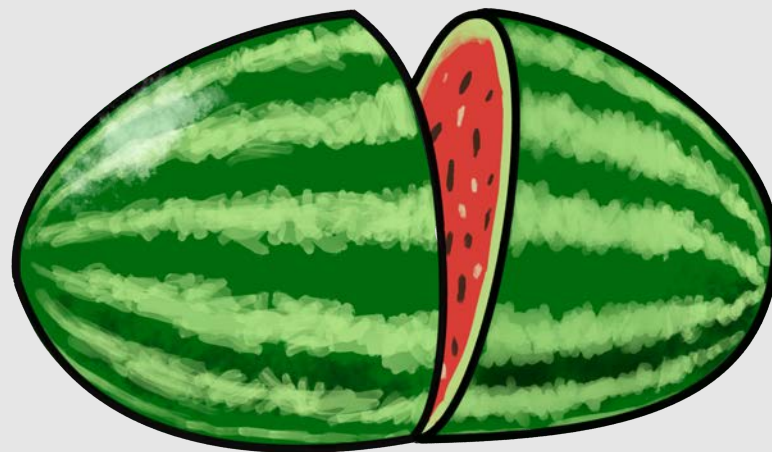
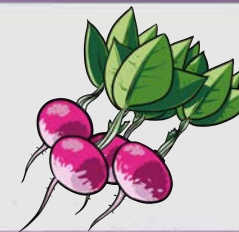
Zaub – Vegetables in Hmong



dib iab – bitter gourd



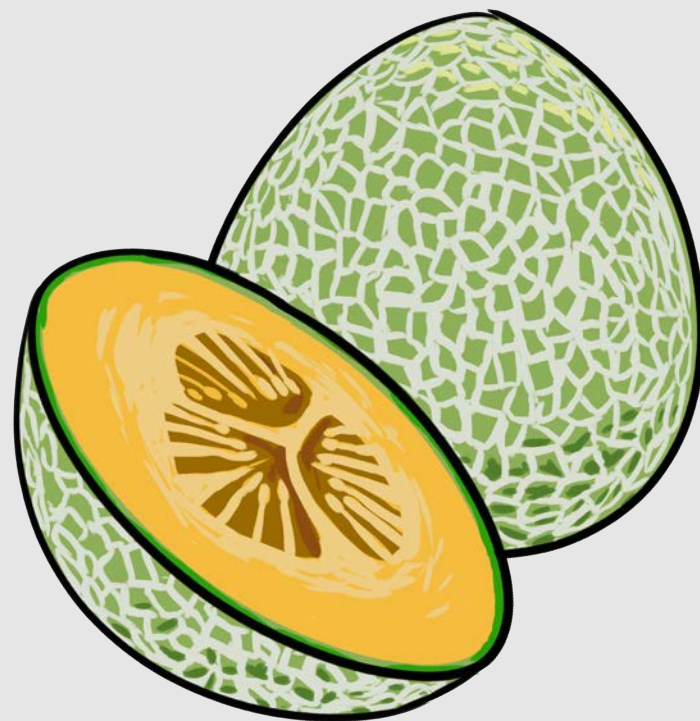
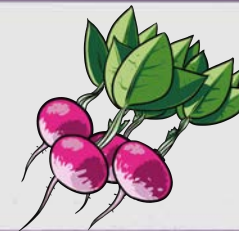
Zaub – Vegetables in Hmong



dib liab – watermelon



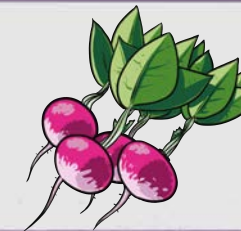
Zaub – Vegetables in Hmong



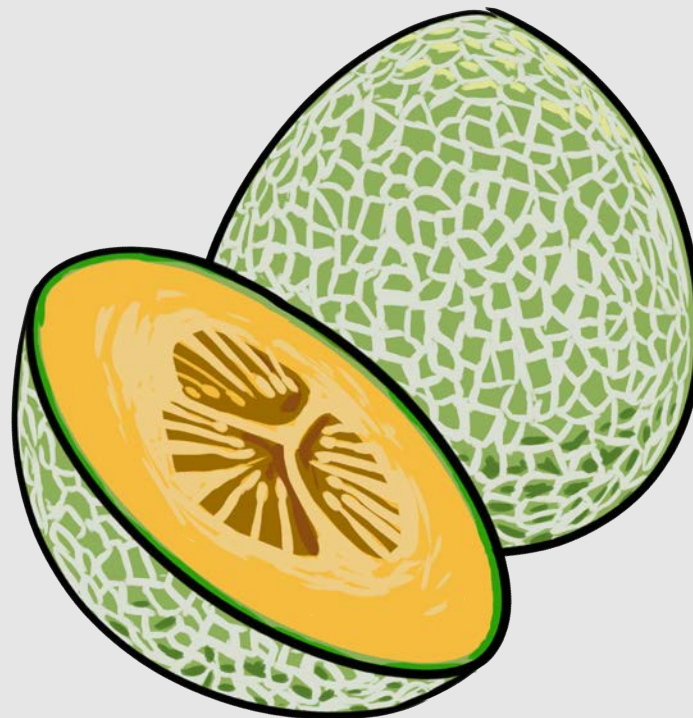
dib pag – muskmelon or cantaloupe



Zaub – Vegetables in Hmong



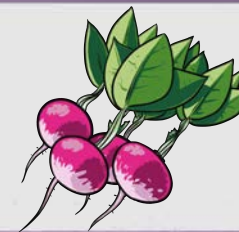
Wait, that
isn't a
cucumber...



dib pag – muskmelon or cantaloupe



Zaub – Vegetables in Hmong



qos

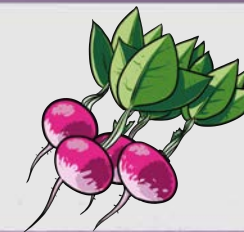
Meaning “Vegetables
that look like a potato.”

For example:





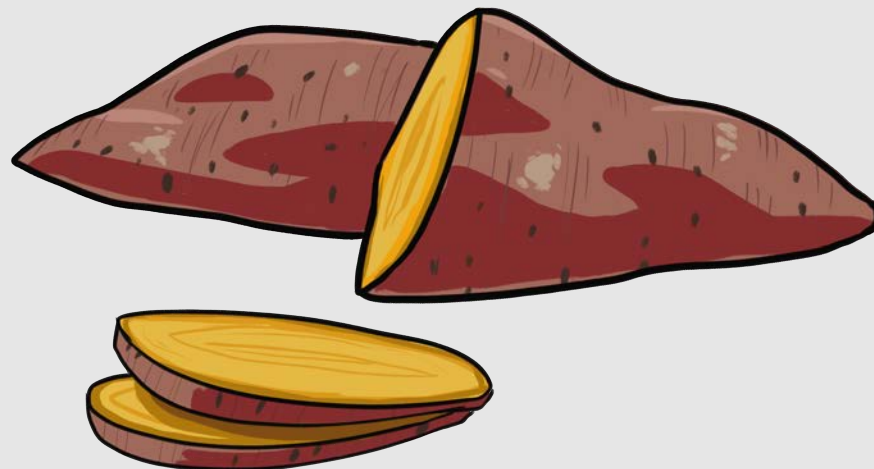
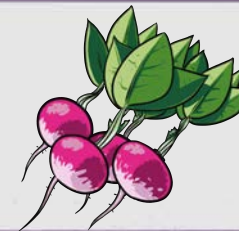
Zaub – Vegetables in Hmong



qos yaj ywm – potato



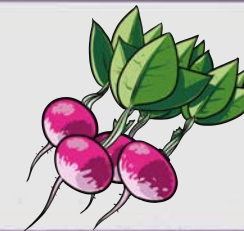
Zaub – Vegetables in Hmong



qos liab – sweet potato or yam



Zaub – Vegetables in Hmong



taub

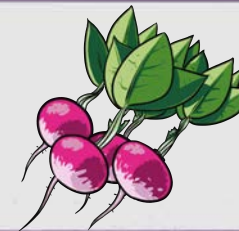
Meaning “Vegetables that look like pumpkins.”

For example:





Zaub – Vegetables in Hmong



taub – green pumpkin



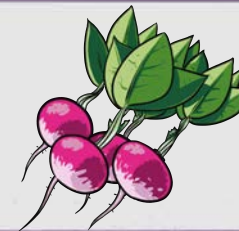
Zaub – Vegetables in Hmong



taub hwb – bottle gourd



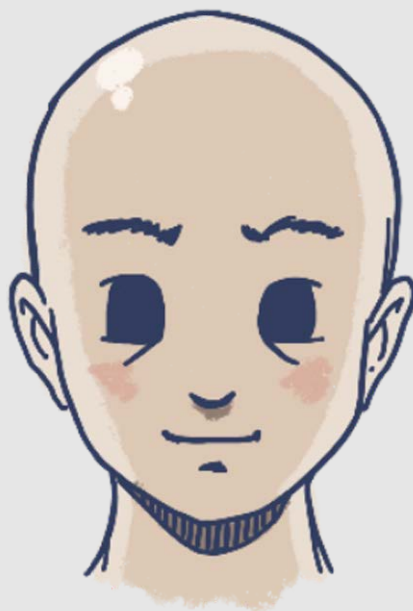
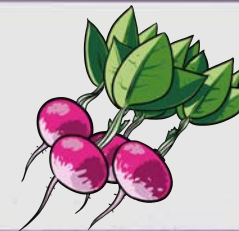
Zaub – Vegetables in Hmong



taub dag – orange pumpkin



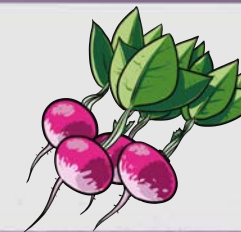
Zaub – Vegetables in Hmong



taub hau – the head



Zaub – Vegetables in Hmong



taum

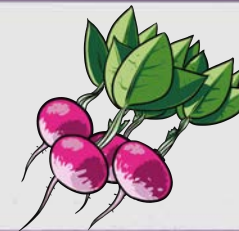
Meaning “Vegetables that look like beans.”

For example:





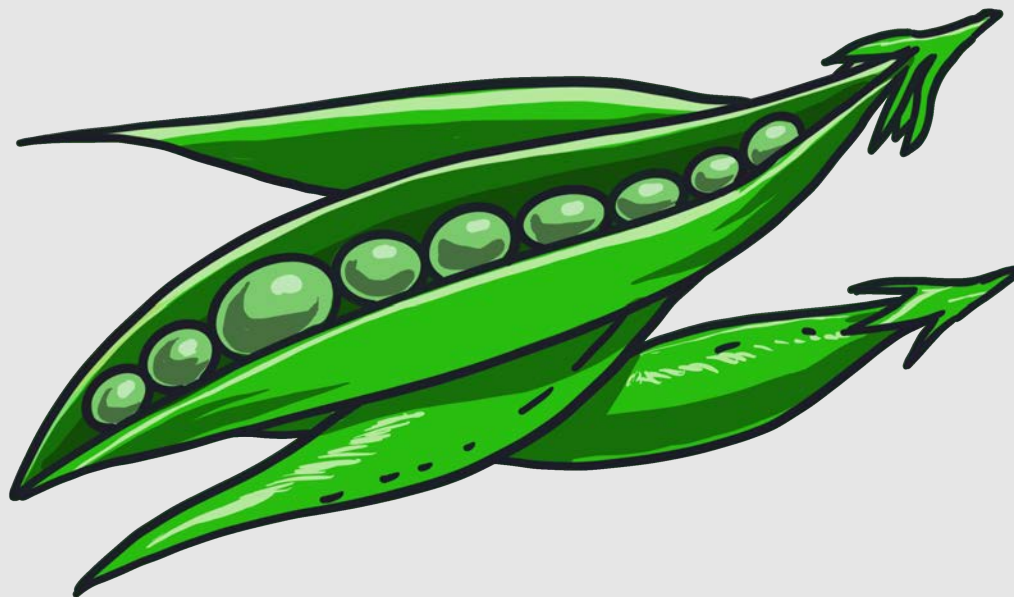
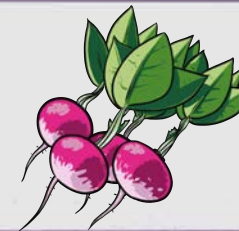
Zaub – Vegetables in Hmong



taum hlab tsho – long bean



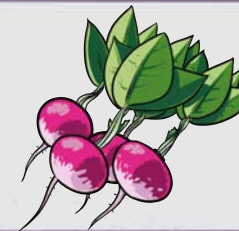
Zaub – Vegetables in Hmong



taum mog – peas



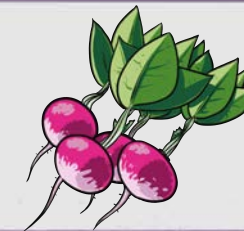
Zaub – Vegetables in Hmong



taum pauv – soybeans



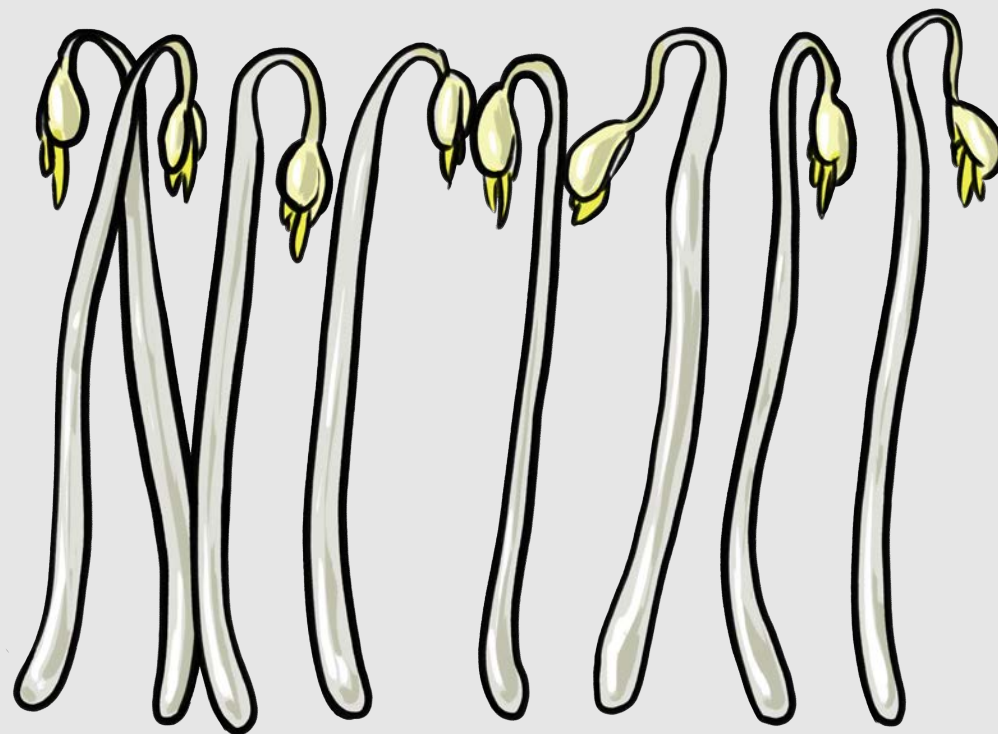
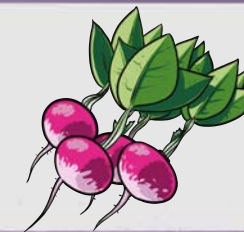
Zaub – Vegetables in Hmong



taum hwv or taum paj – tofu



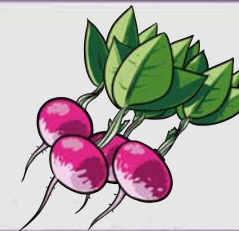
Zaub – Vegetables in Hmong



kaus taum – bean sprouts



Zaub – Vegetables in Hmong



by name

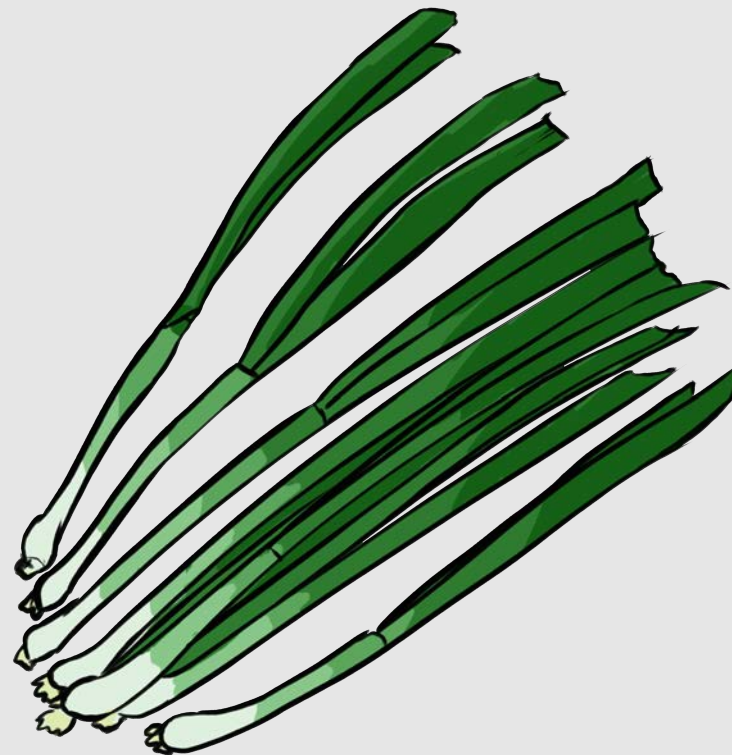
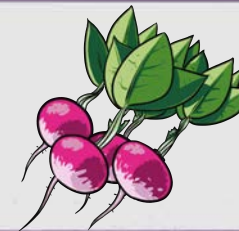
There are also other vegetables that are universally recognized by the Hmong and have their own name. They don't need the word 'vegetable' before them. They just are what they are.

For example:





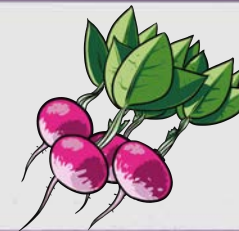
Zaub – Vegetables in Hmong



dos – green onion



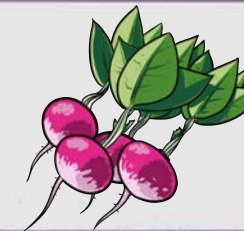
Zaub – Vegetables in Hmong



kua txob – red peppers



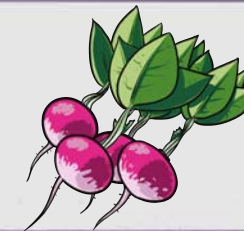
Zaub – Vegetables in Hmong



lws – any kind of eggplant



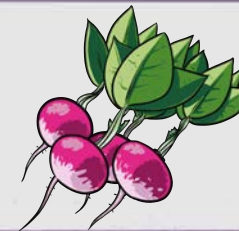
Zaub – Vegetables in Hmong



nplej – rice (plant)



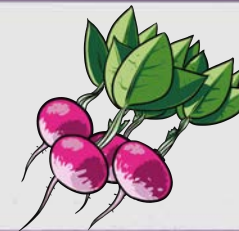
Zaub – Vegetables in Hmong



txhuv – rice (dry)



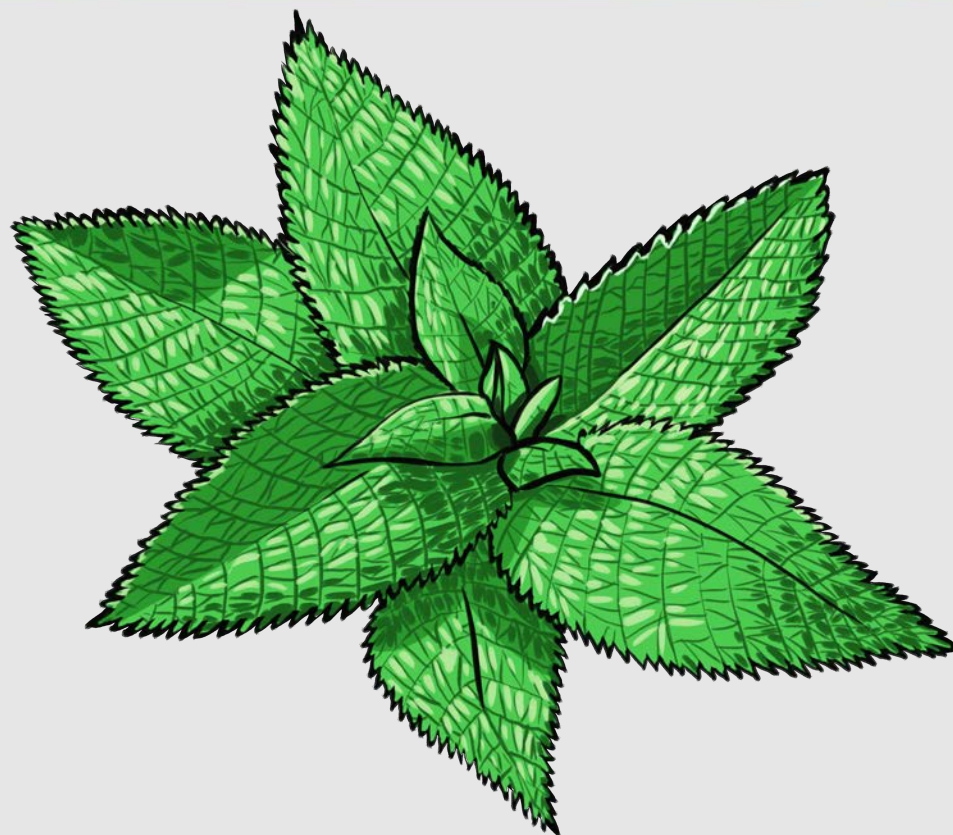
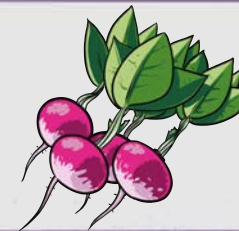
Zaub – Vegetables in Hmong



pob kws – corn



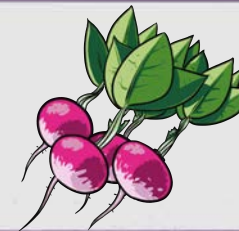
Zaub – Vegetables in Hmong



pum hub – mint



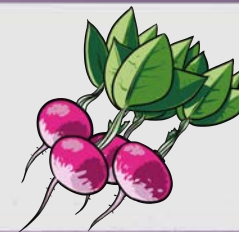
Zaub – Vegetables in Hmong



qhiav – ginger



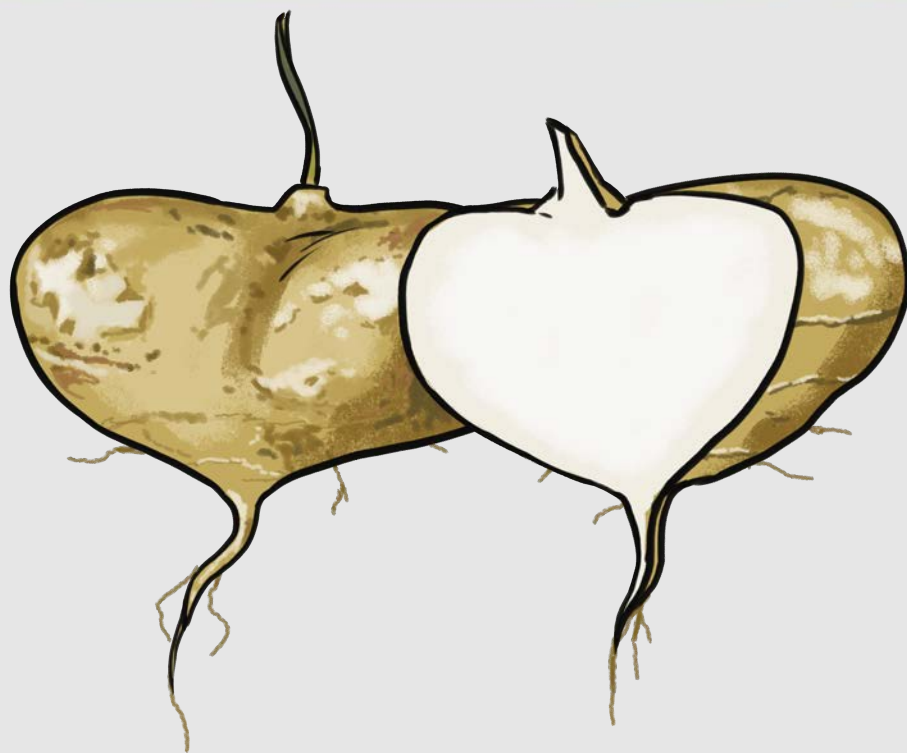
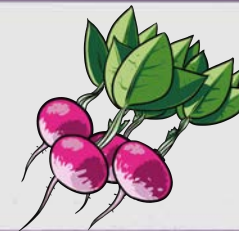
Zaub – Vegetables in Hmong



qij – garlic



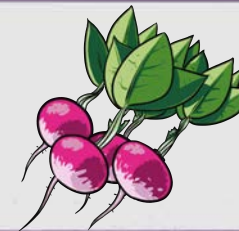
Zaub – Vegetables in Hmong



**sab lauj pwm or zaub soo hmab
– jicama**



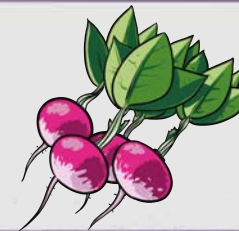
Zaub – Vegetables in Hmong



tauj dub – lemon grass



Zaub – Vegetables in Hmong



zaub

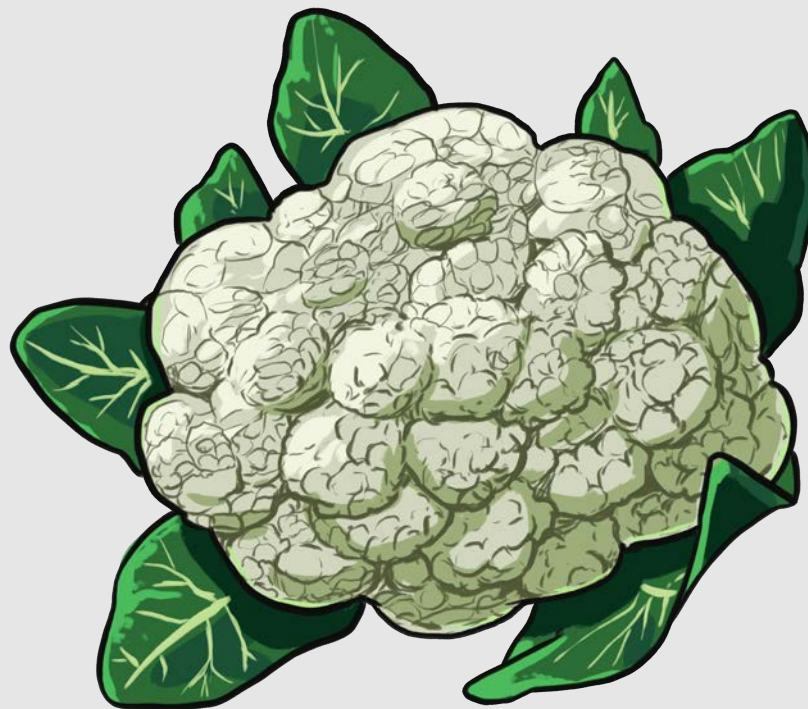
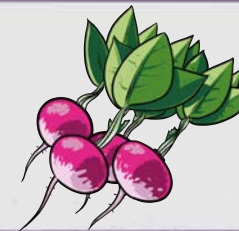
Finally there are vegetables that must be referred to by the word 'zaub' and then another word or words after. If you take away the word 'zaub' it changes the meaning or has no meaning.

For example:





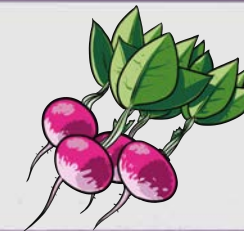
Zaub – Vegetables in Hmong



zaub paj – cauliflower



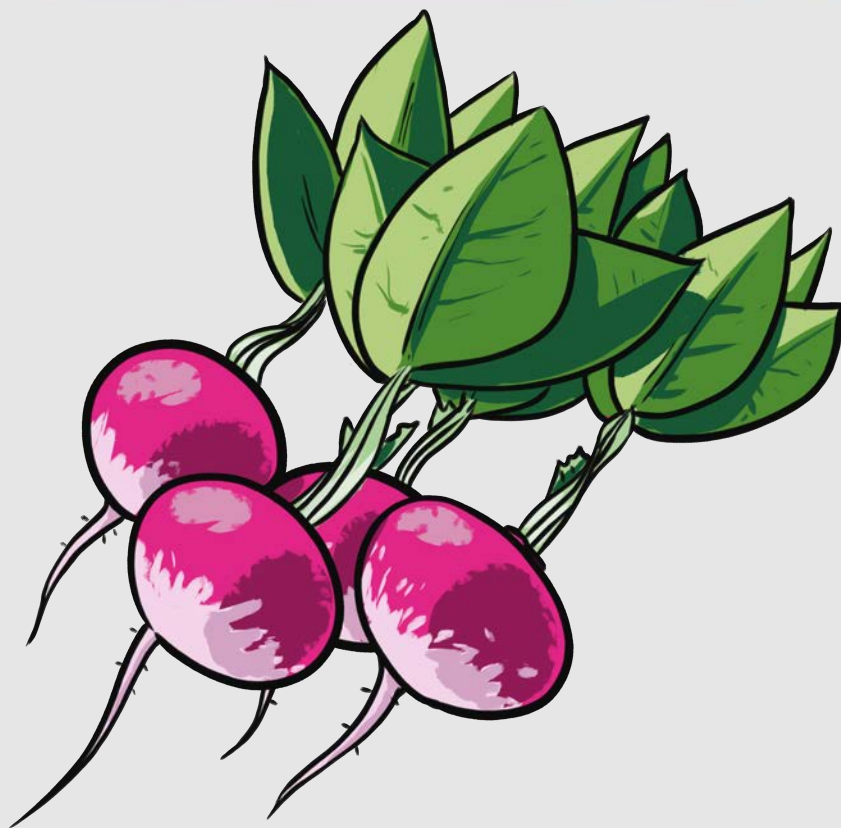
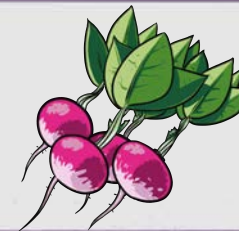
Zaub – Vegetables in Hmong



zaub qhwv or zaub pob – cabbage



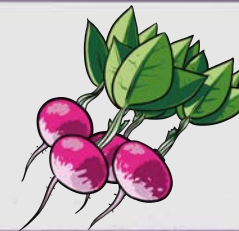
Zaub – Vegetables in Hmong



zaub lauj pwm – radish



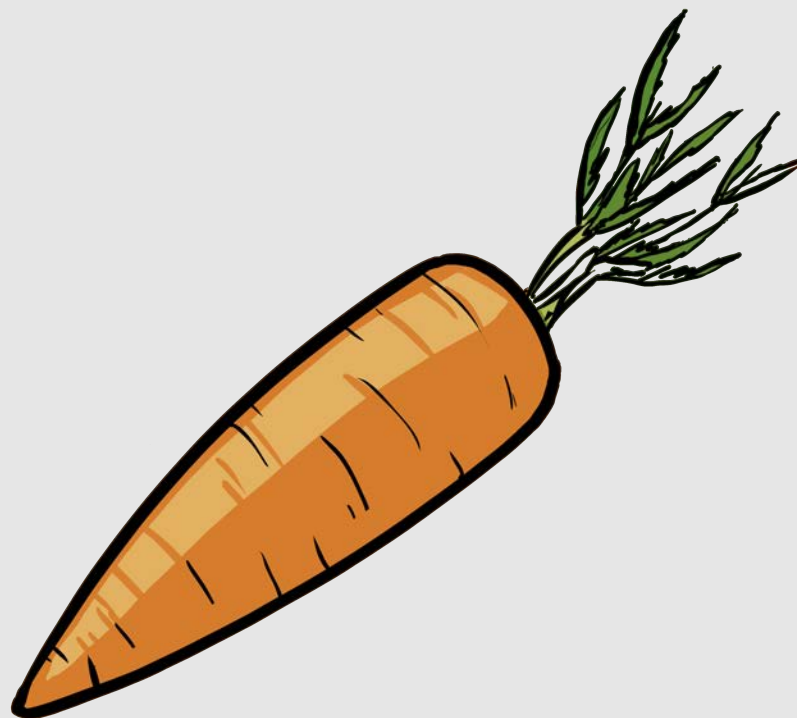
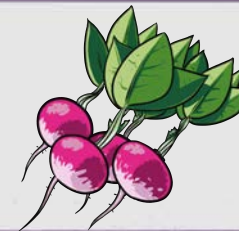
Zaub – Vegetables in Hmong



zaub ntsuab – gai choy



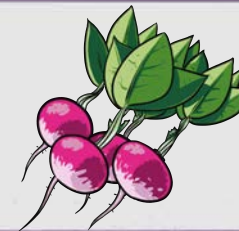
Zaub – Vegetables in Hmong



zaub txhwb ntug – carrot



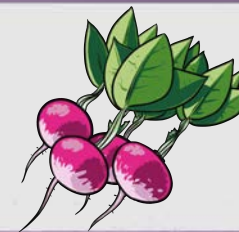
Zaub – Vegetables in Hmong



zaub txig theem – basil



Zaub – Vegetables in Hmong



Conclusion

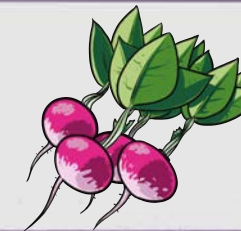
There are many, many more names for vegetables in Hmong.

These are the most universal and common.

Do you know the name of a vegetable I didn't include? Write it in the comments.



Zaub – Vegetables in Hmong



Conclusion

This video will be paired with extra learning resources including PDF and audio files.

Find them at our website: StudyHmong.com

Link in description!